

Fresh for kids!™  
Winter fruit salad with  
choc-mallow sauce



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Winter fruit salad  
with choc-mallow  
sauce

Serves: 4-6 kids  
Preparation: 15 minutes  
Cooking: 2-4 minutes



100g quality dark chocolate,  
chopped  
1/2 cup light cream  
8 white marshmallows  
3 gold kiwifruit

1 medium nashi  
1 medium Pink Lady apple  
2 medium mandarins  
1 tbs lemon juice

1. Place chocolate, cream and marshmallows into a medium heat-proof bowl. Microwave on high/100% for 2-4 minutes, stirring mixture every minute, until melted. Remove and whisk well to combine. Set aside to cool slightly while preparing fruit.
2. Peel, halve lengthways and slice kiwifruit. Core and roughly chop nashi and apple. Peel and segment mandarins. Place fruit into a medium bowl and gently toss with lemon juice to prevent browning.
3. Spoon fruit into serving bowls, spoon over warm choc-mallow sauce and serve.

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*Supplying quality fresh fruit & vegetables*

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