

Fresh for Kids Pineapple, veggie & cheese pizza



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Serves: 4–6 kids
Preparation: 20 minutes
Cooking: 15 minutes

1 large (335g) pizza base
1 tbs tomato paste
1 medium zucchini, very
finely sliced
80g button mushrooms,
finely sliced



1 medium ripe tomato,
finely diced
1/4 red capsicum, deseeded
1/4 small pineapple, peeled, cored
and roughly chopped
1/2 cup shredded mozzarella cheese

1. Preheat oven to 240°C. Spread pizza base with tomato paste.
2. Arrange zucchini, mushrooms, tomato and capsicum and pineapple over pizza. Sprinkle evenly with cheese.
3. Place pizza onto a baking tray and cook for 15 minutes or until cheese melts and turns slightly golden. Cool slightly, slice into wedges and serve.

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Supplying quality fresh fruit & vegetables

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