

Fresh for Kids®

Crunchy celery & egg wraps



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Preparation: 10 minutes

Serves: 2

4 boiled eggs, cooled and peeled
1 tbs milk
1 stick celery, finely diced
1 tbs reduced fat mayonnaise
Salt and ground black pepper
2 Lebanese flatbreads

1. Place eggs and milk in a bowl and mash with a fork. Add celery and mayonnaise (add a little more to bind if necessary) and season with salt and pepper to taste. Stir until combined.
2. Place flatbreads on a board. Pile egg mixture onto the centre of the bread. Roll up to enclose filling. Cut in half, wrap and pack.

For fresh fruit and vegetable recipes visit
www.freshforkids.com.au.

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